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# 2025 Holiday Gift Guide

FOR THE

*Pilates Girl*



FEATURING

————— GIFTS UNDER \$50

————— GIFTS UNDER \$150

————— \$\$\$ SPLURGE GIFTS

## Need More Ideas?

I'VE BUILT GIFT GUIDES FOR YOUR FAVORITE SURFING AND YOGA GIRLIES TOO!

[CHECK 'EM OUT](#)



COMES IN 1, 2,  
AND 3 LBS

Ankle weights that actually look cute – perfect for home workouts or hot girl walks.

BALA ANKLE WEIGHTS

There is no such thing as too many grip socks. Keep your Pilates princess stocked with these cuties

SPICY GRIP SOCKS

COMES IN OTHER  
DESIGNS



LOOKS CUTE ON  
HER COUNTER



The Pilates girl to matcha girl pipeline is inevitable. Empower her to make her latte at home.

MATCHA KIT

GIFTS

UNDER

\$150

Ballet wrap tops are a huge trend this year, especially during chillier months. Keep her cozy in her warm up with this beyond yoga shrug.

BALLET WRAP TOP

PILATES SOCK  
FRIENDLY

COMES IN  
4 COLORS



Somewhere between a slide and a sneaker, we love a clog for to and from class. I prefer these to the Birks.

ARIAT CLOGS



SET Active is my favorite activewear brand right now, and they always have a new drop cooking. For Pilates I love the Air Luxe fabric.

SET TOP

SET LEGGING

CAN YOU TELL I  
LIKE THIS COLOR?



MORE <\$150 GIFTS

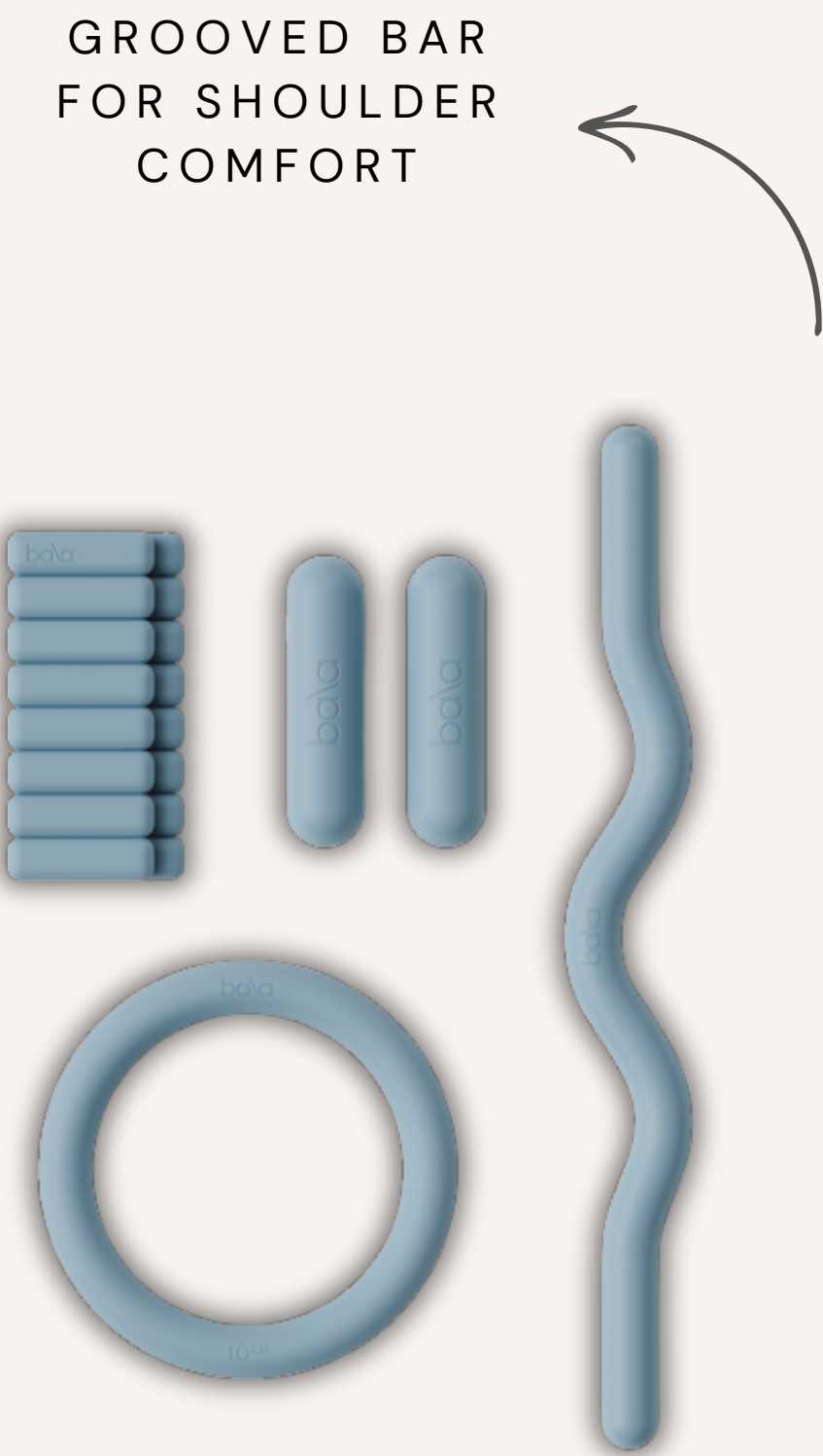
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SPLURGE

GIFTS

For the Pilates girlie who is an over achiever, the complete weight kit! Having a cute weight set makes at home workouts a little fun, and this is as cute as it gets.

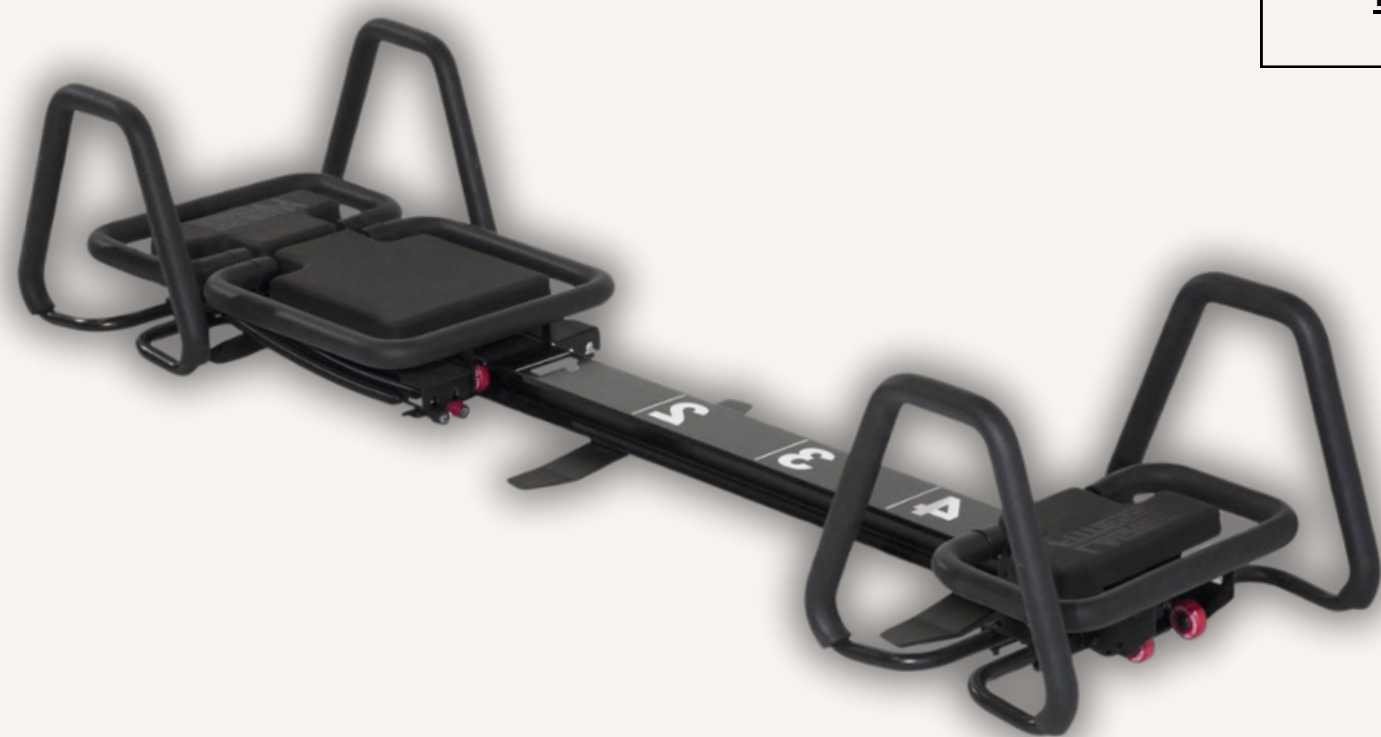
BALA COMPLETE KIT



GROOVED BAR  
FOR SHOULDER  
COMFORT

Lagree is the premier brand in modern “Pilates” (what most call, Pilates on Steroids). Their microformer is the ultimate gift for your favorite Pilates Princess

MICROFORMER



OLD MODEL IS  
BETTER THAN  
THE NEW ONE!



MORE \$\$\$ GIFTS

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# Need More Ideas?

CHECK OUT MY OTHER GIFT GUIDES



*Yoga  
Girl*



*Surfer  
Girl*

[CHECK 'EM OUT](#)

## Not Ready to Say Bye?

COME CHECK OUT ALL MY OTHER RECOMMENDATIONS ON YOGA, SURFING,  
PILATES, TRAVEL, AND MORE!

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